

## Trekking News

### Upcoming Events

4WD Trek - Brisbane to Ballina  
24th Sept - 2nd Oct 2007



2WD Trek - Emu Park to Noosa  
11th April - 19th April 2008



4WD & Bike Trek - Cairns to  
Cape York  
4th Aug - 12th Aug 2008



## A MESSAGE FROM THE STATE MANAGER

Welcome to the August Edition of the **SIDS Adventure Treks** Newsletter.

Firstly I would like to welcome Lena Birtles to the SIDS Adventure Trek team. Lena has been with us for the last five years and recently participated Ken on the 2WD trek to the Northern Territory.

Lena will be supporting Ken & our trekkers with all aspects of the events including fundraising support, newsletters and participating in the 2WD and 4WD events – so please make contact with Lena if you have any queries or require support or further information.

I would also like to congratulate Ken, Lena and all Trekkers on a hugely successful 2WD trek that ventured into the Northern Territory and beyond. From all reports everyone involved had a wonderful time and with over \$90,000 being raised it was a tremendous effort by all!

For those about to set off on our 4WD trek through the Northern Rivers District we wish you safe travels and hope you enjoy the breathtaking views, wineries and many other activities Ken and Lena have in store for you! Please don't forget to forward your stories and images for our next newsletter!

Our Art Union Raffle still has four months to run with tickets proving to be as popular as ever. A reminder that our 1<sup>st</sup> Prize is a Toyota Yaris and 2<sup>nd</sup> prize a Honda Motor Scooter. Anyone wanting further tickets should contact Lena on 07 3849 7122.

### **SIDS and Kids Queensland Indigenous Safe Sleeping Project | A new collaboration to help save babies lives.**

I would also like to update you on a new project that SIDS and Kids Queensland have been working on in conjunction with the Child Health & Safety Branch of Queensland Health.

The Annual Report for the Queensland Commission for Children and Young People and Child Guardian (2005-2006) stated that "Aboriginal and Torres Strait Islander infants died suddenly and unexpectedly at 7 times the rate of non-indigenous infants" (p.178).

As these statistics indicate an increase in the number of indigenous infant deaths in the last year, SIDS and Kids Queensland and Queensland Health are committed to the reduction of the number of infant deaths within Queensland.

This new collaboration enabled the employment of a part-time indigenous worker for a period of three months to develop Safe Sleeping tools to be used in Indigenous communities across Queensland. This work was in close collaboration with the SIDS and Kids Queensland QATSIAG Committee (Queensland Aboriginal and Torres Strait Islander Advisory Group).

The materials produced include a poster, brochure and flip chart to be used to provide education sessions to indigenous communities over the next 12 months. The materials will be finalised during September and will be available for distribution from October 2007.

We are very excited about this project, which began in March 2007 and hope that this is the beginning of a long collaboration with The Child Health and Safety Branch of Queensland Health.

In conclusion I would like to thank all our trekkers, supporters and sponsors for your support for our 2WD, Motorcycle and 4WD events over the past 12 months.

Through your dedication to our organisation we are able to continue to save babies lives through our **Infant Safe Sleeping** Education Campaign delivered to new and expectant mothers, carers, health care professionals and GP's throughout Queensland.

Your support also allows us to provide bereavement support services to Queensland families who have experienced the sudden and unexpected death of a baby or child, regardless of the cause.

Yvonne Amos  
State Manager  
SIDS and Kids Queensland



## EVENT DIRECTOR'S DESK

### Cape York Motorcycle Trek

Well what a trip from Cairns to Cape York and back with not one accident. It just shows if you ride to the conditions of the road it can be done! A big thank you to all riders.

A special thank you to Murray & Tyson Hurst! You guys have a passion for safety and still have a great ride.

The Royal Australian Navy Tony & Neil thank you for all the extra trouble you went to, to make the trip a success. Nothing was a bother and with the help of the Navy, it makes these fundraising events a pleasure to go on and at the same time raise monies for a great cause.

### 4WD Motorcycle Family Trek **Mon 24th September - Sat 2nd October**

If you don't have your entry forms in the office yet, it is not too late! This event will be one of the best scenic routes we have ever accomplished, starting at Logan City and concluding in Ballina. Taking in breathtaking views, wine tours, canoeing on The Clarence, swimming at waterfalls, and driving through some great foresty roads. So please call the SIDS office today on 3849 7122 or myself on 0412 722 677.

### Welcomes

Welcome to our new Trek Co-ordinator Lena Birtles. The 2WD trekkers already had the pleasure of meeting Lena on our Trek in April. So please do not hesitate to call her at any time in the SIDS office. Remember if you need any assistance, please don't hesitate to give her a call.

### Trek Website

Lena will be updating the website very soon, so if you have any feedback, thoughts, ideas, please let Lena know and she will do her best to accommodate your input.

## Trekking News

### EDITOR:

Lena Birtles - Trek Co-ordinator  
(07) 3422 8713 or 0423 515 995

Ken Godfrey - Event Director  
0412 722 677

### CORRESPONDENCE:

SIDS and Kids QLD  
PO Box 241  
Mt Gravatt QLD 4122

### WHERE ARE WE:

68 Creek Road  
Mt Gravatt QLD 4122

### PHONE:

(07) 3849 7122 or 3422 8713

### FAX:

(07) 3849 7121

### EMAIL:

treks@sidsandkids.org or  
lenabirtles@sidsandkids.org

### WEBSITE:

www.sidsadventuretreks.com

### Direct Depositing Monies

It is essential that when direct depositing monies, the reference details needs to be the person's name. Once deposited please fax through your remittance advice from the deposit to 07 3849 7122, and please attention to Lena.

## EVENT DIRECTOR'S DESK CONT'D

### 2008 Thiess SIDS Adventure Trek

The first survey is now complete and what a great time is in place for this event. Shorter days, more dirt, more bitumen, more schools, more people, more pubs & more fun. Starting at Emu Park on Friday 11th April and concluding in Noosa on Saturday 19th April. Overnight stays are as follows:

**BANANA**

**ANAKIE**

**CARNAVON GORGE**

**INJUNE**

**SURAT**

**TAROOM**

**CHINCHILLA**

**BUNYA MOUNTAINS**

**NOOSA**

The schools we will be having meals at are as follows:

**Bejool, Dunkeld, Peek-a-Doo, Taroom, Auburn River, and Kumbia.** These schools will be conducting a competition between each schools and you, the trekkers, will be the judges. The total kilometres for the 2008 trek is 2400 klm.

By now you should have your nomination forms in as we need to have an idea on the amount of people. Remember, at our car captains meeting we agreed that the tins are to be sent out as soon as the forms arrive in the office. Well some cars have them and some don't. It makes our job a lot easier if your forms are in and with some idea on how many people will be on the event. This sometimes helps us make decisions on where we can and can't go for catering reasons. If you can't find your forms that we sent you **please call Lena** and she will send you some more the same day.

## EDITOR'S BLURB

### If You Wish To Fundraise, Please Read The Following:

If you wish to fundraise on behalf of SIDS and Kids Queensland, you need to complete a fundraising agreement. Whether you are holding a sausage sizzle or selling raffle tickets, it is a must that you complete this form. Should you wish to fundraise for SIDS and Kids Queensland, please contact us and we will send you a Fundraising Agreement form.

### Art Union Tickets

Remember all tickets sold will be put towards your entry donation. This is a great way to raise monies. Contact Lena if you require art union tickets and they will be sent to you the same day.

### Donation Tins

All Trekkers involved in a SIDS Adventure Trek will receive there donation tins immediately on registration form arriving in the office.

### Unclaimed Luggage

There is still some luggage from the baggage truck of the 2WD Trek this year that has not been claimed from the SIDS office. If this is yours, please contact Lena on 3849 7122 to arrange for pick up of items.

## EVENT DIRECTOR'S DESK CONT'D

### Raffle Tickets

Remember tickets sold by you go towards your car entry. This raffle closes on the 3rd December and is drawn on the 11 December 2007 and because this is a registered art union it can not be extended, so call now for some more tickets! If you have sold some books already, please return them along with your car number so we can keep a record on all books.

### Donation Monies

All monies raised under the banner of SIDS Adventure Treks or SIDS and Kids Queensland must be clearly stated it is a donation towards your car and the receipt will be issued with those words. If a person is obtaining funds to go towards meal monies, fuel or accommodation, this must be made clear to the person donating the funds. The receipt for this will also state the same. This is a standard procedure within SIDS and Kids Queensland, accountability and transparency is important in the operations of fundraising events.

### 2008 4WD & Motorcycle Adventure Trek

It has been suggested to me that we combine the bike and 4WD trek to Cape York in August 2008. I would welcome any calls to discuss your ideas on the same. We would travel a completely different way next year taking in Georgetown, Normanton, Kurumba, Weipa, Bamaga, Cape York. We would need to have reasonable numbers to make this a success. So please call me on 0412 722 677.

Thanks Ken



Car 84 "The Brown Bear" is for sale. Chris and Kay have finally seen the light and according to Kerry Kennedy, they have joined forces to help the Holden Towing Team. Seriously, contact Chris on 4985 4615. Chris and Kay have obtained a great looking Ford Falcon but will still remain "The Brown Bear" I'm sure.



**VALE** Please remember Ita Rau who passed away in Townsville last week. Ron and Ita were our original SIDS Trekkers with the big purple car. Condolences to the family from all Trekkers

## LETTERS & YOUR SAY

If you would like to advise our readers of an upcoming event, tell a story about a recent trek/ event, or tell us what we can do better or different to make our events even better... possibly a route/destination you would like to experience... or maybe an accessory you have found to be brilliant. If so, drop us a line via our contact details on page 3, or go to our website and follow the "[Your Say](#)" link.

## CLASSIFIEDS

If you would like to advertise a vehicle or motorcycle that you no longer need... or maybe some spare parts you have lying around and that could be of use to someone else, please let us know via our contact details on page 3, or go to our website and follow the "[Classifieds](#)" link.

## OUR SPONSORS/SUPPORTERS

